

Sunday 6th May 7.00am – 9.00pm State Netball and Hockey Centre Brens Drive, Parkville

Sparring: 8.30 am – 9.00 pm Poomsae: 8.30 am – 9.00 pm Individual / Pairs / Team Poomsae / WTF Poomsae

> ENTRIES OPEN: Saturday 10<sup>th</sup> March

ENTRIES CLOSE: Sunday 22<sup>nd</sup> April

NO ENTRIES AFTER THE CLOSING DATE WILL BE ACCEPTED

NOTE: all entries to be completed online at <u>www.peopleinaction.net.au</u>

Dear Instructor,

On behalf of ATV (Australian Taekwondo Victoria), it is my pleasure to invite you and your club to participate in the 2018 Victorian Autumn Open at the State Netball and Hockey Centre, Parkville on May 6<sup>th</sup> 2018. This event is aimed at athletes from all taekwondo disciplines. The competition has three primary goals:

- 1. To provide competition practice for all Victorian athletes
- 2. To promote friendship and co-operation within the Victorian Taekwondo community
- 3. To provide a fun, family orientated event catering to athletes of all levels

We encourage good sportsmanship and promote a bullying free environment.

Coaches, parents, athletes and spectators must comply with the code of conduct (see attached) or face expulsion and / or disqualification of all athletes from the associated club.

For the Poomsae section of the competition, no coaches will be allowed on the court except at the discretion of the head marshal.

All athletes are welcome regardless of affiliations and provided they have proof of insurance.

Entry is only available online at http://www.peopleinaction.net.au

## Competition entries open on-line on Saturday 10<sup>th</sup> March and close on Sunday 22<sup>nd</sup> April.

As the online system is automated, no entries can be processed after this date.

Our continued thanks go to all of the clubs who enter their enthusiastic athletes. We also greatly appreciate the ongoing support of the judges who officiate at these competitions and our wonderful volunteers who give up their time to ensure the smooth running of these events. Without the contributions of any of these groups, our competitions would not be a success.

If you are able to assist with the running of this competition, please contact the following co-ordinators:

Sparring Referees:	Sam Tarascio	sam.tarascio@bigpond.com
Poomsae Judges:	Grant Mason	drgrant@ozemail.com.au
	Amy Song	songstaekwondo@gmail.com
Volunteers:	Suzy Wilson	suzy@microz.com.au
Tournament Director:	Tony Susac	tsus1@hotmail.com
Coaching co-ordinator:	Alf Dellorso	a.dellorso@optusnet.com.au
Poomsae Marshalling:	Frances Hansen	francestkdec@gmail.com
Sparring Marshalling	Lydia Zakkas	lydiazakkas@me.com

Yours sincerely, ATV – Australian Taekwondo Victoria

## **General Information**

All ages are as at 31st December 2018:

CHILD	YOUTH	CADET	JUNIOR	SENIOR	MASTER 1	MASTER 2	
6-8	9-11	12-14	15-17	18-30	31-45	46+	
Born 2009 to 2011	Born 2006 to 2008	Born 2003 to 2005	Born 2000 to 2002	Born 1987 to 1999	Born 1972 to 1986	Born 1971or prior	
Eligible Competitors:		ed in a proper m sociation, our spo	anner and not h ort or any of our	ave engaged in staff into disrept	any conduct tha ute or censure.	have at all times to would bring the	
Registration:	par		nder 18 years of			form (signed by Please print this	
Competition So	hedule: Fin	al schedule wil	l be available p	rior to the even	t		
Indemnity:		All participants take part at their own risk. The organiser can under no circumstance be held responsible for any damage, injury, or loss to individuals or equipment.					
Uniform Requi	rements: • • •	Black V neck or No stripes or pro	Y neck dobok fo ominent brand lo	or Black Belts. gos (applies to F		Dan Bo). S which cannot be	
Spectator Price	es: Adu	ults / Children: \$*	10, Family (2 ad	ults + 3 children)	): \$20, Under 6:	Free	
Food:	Ca	eteria at venue					
Competition En	t <b>ry Fees:</b> \$77	\$77 – 1 <sup>st</sup> event \$25 – additional event					
Awards:		All divisions will recognise the top 4 players / teams with Gold, Silver and tw medals / trophies.				r and two Bronze	
ENTRIES WILL Sparring – 350		omsae – 200 En	tries				

Early registration is advised

Restrictions: Athletes may compete in either Poomsae <u>OR</u> Sparring but <u>NOT</u> both

#### Sparring:

Gender: Male, Female

Age Divisions:6-8, 9-11, 12 - 14, 15 - 17, 15+, 31+. Juniors may enter in both the Junior (15 - 17) and<br/>Senior (15+) divisions. Novice entries may only enter one (1) sparring event.

#### Weight Divisions: Players may only compete in 1 weight division per age category.

Belt Divisions: Yellow, Blue, Red, Black and Novices

Child (6-8), Youth (9-11)

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	В	С	D	E	F	G	Н	1	J	K	L	Μ
Male	<21	21-24	24-27	27-31	31-35	35-40	40-45	45-50	50-55	55-60	60-65	65+
Female	<21	21-24	24-27	27-31	31-35	35-40	40-45	45-50	50-55	55-60	60-65	65+

Cadet (12 – 14)

	Straw	Fin	Fly	Bantam	Feather	Light	Welter	Middle	Cruiser	Heavy
Male	<33kg	33-37kg	37-41kg	41-45kg	45-49kg	49-53kg	53-57kg	57-61kg	61-65kg	65+kg
Female	<29kg	29-33kg	33-37kg	37-41kg	41-44kg	44-47kg	47-51kg	51-55kg	55-59kg	59+kg

Junior (15 – 17)

	Fin	Fly	Bantam	Feather	Light	Welter	Light	Middle	Light	Heavy
							Middle		Heavy	
Male	<45kg	45-48kg	48-51kg	51-55kg	55-59kg	59-63kg	63-68kg	68-73kg	73-78kg	78+kg
Female	<42kg	42-44kg	44-46kg	46-49kg	49-52kg	52-55kg	55-59kg	59-63kg	63-68kg	68+kg

#### Senior (15+), Ultra (31+)

	Fin	Fly	Bantam	Feather	Light	Welter	Middle	Heavy
Male	<54kg	54-58kg	58-63kg	63-68kg	68-74kg	74-80kg	80-87kg	87+kg
Female	<46kg	46-49kg	49-53kg	53-57kg	57-62kg	62-67kg	67-73kg	73+kg

Round Times:	Coloured belt matches will consist of 2 rounds whilst Black belt matches will consist of 3 rounds. All divisions will have 1.5 minute rounds.
Head Kicks:	Head kicks are only permitted for Senior Blue, Senior Red, Ultra Black, Senior Black, Junior Black and Cadet Black belt divisions.
Format:	Single Elimination Uncontested athletes will be offered a demonstration fight against a suitable opponent.
Weigh In:	Times and venues to be advised. Head Instructors will be notified by email and information will be posted at www. <u>atkdvic.com</u>
Safety Equipment:	All competitors must supply their own WTF approved standard trunk protectors. All divisions are required to wear groin (males only), shin, arm and head and mouth guards. Head guards must be white or the same colour as the hogu. Mouth guards must be white or clear.
	The Dae-do Electronic Points Scoring System will be used for BLACK BELT Cadet, Junior, Senior and Ultra only. Competitors in these divisions must supply their

own electronic foot socks.

# **Sparring Competitors and Coaches**

# **PLEASE NOTE:**

- 1) Competitors must bring with them registration form signed by their Head Instructor to weigh in or be disgualified
- 2) Coaches, athletes and parents will be expected to adhere to the **Coaches Code Of Conduct.**
- 3) All coaches will need to sign the code of conduct (see attached) on the day of competition or they will not receive their coach's pass.
- 4) Coaches pass collection:
- Coaches must show proof of updated coaching accreditation.
- Country coaches are to collect passes from Alf Dellorso upon arrival.
- One representative per club to collect coaching passes
- 5) Coaches must present updated coaching accreditation for each bout.
- 6) Please note: Clubs are only allowed to apply for the following number of coaching passes -
- 0-5 competitors
- 2 coaching passes
- 5-10 competitors
- 5-10 competitors 3 coaching passes
  10-15 competitors 4 coaching passes 3 coaching passes

- 15-20 competitors 5 coaching passes
  20+ competitors 6 coaching passes • 20+ competitors
- 7) Officials passes will be distributed to clubs directly and NOT to be collected on the day.

# Individual Poomsae:

Gender:	Female, Male
Belt Ranks:	Yellow, Blue, Red, Black
Age Division:	6 - 8, 9 - 11, 12 - 14, 15 - 17, 18 - 30, 31 - 45, 46+

Patterns:

Belt Level	1 <sup>st</sup> Pattern	2 <sup>nd</sup> Pattern	Format
Yellow	Taeguk 1	Taeguk 2	
Blue	Taeguk 3	Taeguk 4	
Red	Taeguk 6	Taeguk 7	
(inc Cho Dan Bo)			
1 <sup>st</sup> Dan	Taeguk 8	Koryo	De la serie de la
2 <sup>nd</sup> Dan	Koryo	Keumgang	iPad scoring
3 <sup>rd</sup> Dan	Keumgang	Taebaek	4.0 Accuracy
4 <sup>th</sup> Dan	Taebaek	Pyongwon	6.0 Presentation
5 <sup>th</sup> Dan	Pyongwon	Sipjin	
6 <sup>th</sup> Dan	Sipjin	Jitae	
7 <sup>th</sup> Dan	Jitae	Chonkwon	
8 <sup>th</sup> / 9 <sup>th</sup> Dan	Chonkwon	Hansu	

# Pairs Poomsae:

Gender:	Any gender combination is permitted
Belt Ranks:	Yellow, Blue, Red, Black. Pairs compete in the division of the HIGHEST belt level.
Age Division:	6 – 8, 9 – 11, 12 – 14, 15 – 17, 18 – 30, 31 – 45, 46+ Both members of the pair <b>MUST</b> be in the same age division

Patterns:

Belt Level	Choose 1 Pattern from
Yellow	Taeguek 1, 2 or 3
Blue	Taeguek 3, 4 or 5
Red	Taeguek 6, 7 or 8
Black	Taeguek 8 or WTF Black Belt pattern

Each pair performs 1 pattern which will be scored on iPads using the numerical scoring method (4 points for Accuracy and 6 points for Presentation).

Players may only be part of 1 Pair combination

## Teams Poomsae:

Gender:	Any gender combination is permitted
Belt Ranks:	Yellow, Blue, Red, Black. Pairs compete in the division of the HIGHEST belt level.
Age Division:	6 – 8, 9 – 11, 12 – 14, 15 – 17, 18 – 30, 31 – 45, 46+ All members of the pair <b>MUST</b> be in the same age division

Patterns:

Belt Level	Choose 1 Pattern from	
Yellow	Taeguek 1, 2 or 3	
Blue	Taeguek 3, 4 or 5	
Red	Taeguek 6, 7 or 8	
Black	Taeguek 8 or WTF Black Belt pattern	

Each team performs 1 pattern which will be scored on iPads using the numerical scoring method (4 points for Accuracy and 6 points for Presentation).

Players may only be part of 1 Team combination

## WTF Poomsae:

For each discipline (Individual, Pairs and Teams), players may only enter either WTF format <u>OR</u> non-WTF format, but <u>NOT</u> both.

## Individual Poomsae – WTF format

Gender:	Female Male	
Belt:	Black	
Age Divisions:	WTF age divisions	
Format:	WTF cut off system	
Patterns:	Required patterns will be selected from the list of WTF patterns applicable to each age	
	division. These will be advised 1 week prior to the competition.	

## Pairs Poomsae – WTF format

Gender:Mixed(1 Female and 1 Male per pair)Belt:BlackAge Divisions:WTF age divisionsFormat:WTF cut off systemPatterns:Required patterns will be selected from the list of WTF patterns applicable to each age division. These will be advised 1 week prior to the competition.

## Teams Poomsae – WTF format

Gender:	Female Male	(3 per team, same gender)	
Belt:	Black		
Age Divisions:	WTF age divisions		
Format:	WTF cut off system		
Patterns:	Required patterns will be selected from the list of WTF patterns applicable to each age division. These will be advised 1 week prior to the competition.		

## To complete entry process please proceed to

www.peopleinaction.net.au

## **Checklist**

- Enter online at <u>www.peopleinaction.net.au</u>
- Print your declaration form
- Sign declaration form, or
- Have declaration form signed by Parent / Guardian if under 18
- Have declaration form signed by Head Instructor



# Taekwondo Victoria Code of Conduct

1.	Respect the rights, dignity and worth of every human being	<ul> <li>Within the context of the activity, treat everyone equally regardless of sex, disability, ethnic origin or religion</li> </ul>
2.	Ensure the athlete's time spent with you is a positive experience	All athletes are deserving of equal attention and opportunities
3.	Treat each athlete as an individual	<ul> <li>Respect the talent, developmental stage and goals of each individual athlete</li> <li>Help each athlete reach their full potential</li> </ul>
4.	Be fair, considerate and honest with athletes	<ul> <li>Display high standards in your language, manner, punctuality, preparation and presentation</li> <li>Display control, respect, dignity and professionalism to all involved with the sport - this includes opponents, coaches, officials, administrators, the media, parents and spectators</li> <li>Encourage your athletes to demonstrate the same qualities</li> </ul>
5.	Be professional and accept responsibility for your actions	
6.	Make a commitment to providing a quality service to your athletes	<ul> <li>Maintain or improve your current NCAS accreditation</li> <li>Seek continual improvement through performance appraisal and ongoing coach education</li> <li>Provide a training program which is planned and sequential</li> <li>Maintain appropriate records</li> </ul>
7.	Operate within the rules and spirit of your sport	<ul> <li>The guidelines of national and international bodies governing your sport should be followed. Please contact Australian Taekwondo for a copy of its rule book, constitution, by-laws, relevant policies, e.g. anti-doping policy, selection procedures, etc.</li> <li>Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA</li> </ul>
8.	Any physical contact with athletes should be:	<ul> <li>Appropriate to the situation</li> <li>Necessary for the athlete's skill development</li> </ul>
9.	Refrain from any form of personal abuse towards your athletes	<ul> <li>This includes verbal, physical and emotional abuse</li> <li>Be alert to any forms of abuse directed toward your athletes from other sources while they are in your care</li> </ul>
10.	Refrain from any form of harassment towards your athletes	<ul> <li>This includes sexual and racial harassment, racial vilification and harassment on the grounds of disability</li> <li>You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal</li> </ul>
11.	Provide a safe environment for training and competition	<ul> <li>Ensure equipment and facilities meet safety standards</li> <li>Ensure equipment, rules, training and the environment are appropriate for the age and ability of the athletes</li> </ul>
12.	Show concern and caution toward sick and injured athletes	<ul> <li>Provide a modified training program where appropriate</li> <li>Allow further participation in training and competition only when appropriate</li> <li>Encourage athletes to seek medical advice when required</li> <li>Maintain the same interest and support toward sick and injured athletes</li> </ul>
13.	Be a positive role model for your sport and athletes	

Please refer to the Harassment-free Sport guidelines available from the Australian Sports Commission for more information on harassment issues

### I agree to the following terms:

- 1. I agree to abide by the ATVI Code of Conduct outlined above;
- 2. I acknowledge that ATVI may take disciplinary action against me if I breach the code of conduct. (I understand that ATVI are required to implement a complaints handling procedure in accordance with the principles of natural justice, in the event of an allegation against me);
- 3. I acknowledge that disciplinary action against me may include the disqualification of my player/s.