



**Australian  
Taekwondo  
Victoria**

## **Australian Taekwondo Victoria Inc**

**State Netball and Hockey Centre  
Brens Drive, Parkville**

### **2018 State Selection**

**Saturday 8 September, 2018**

Poomsae & Sparring 4:00 pm– 10:00 pm

**Sunday, 9 September, 2018**

Sparring 8:00 am – 4:00 pm

**Individual / Pairs / Team Poomsae / WTF Poomsae**

**ENTRIES OPEN:**

**Friday 27 July**

**ENTRIES CLOSE:**

**Sunday 26 August at midnight**

**PLEASE REGISTER ON TIME**

**UNDER NO CIRCUMSTANCES  
WILL ENTRIES BE ACCEPTED AFTER THE  
CLOSING DATE AND ANY REQUEST FOR  
LATE REGISTRATIONS WILL BE REFUSED**

NOTE: all entries to be completed online at

[www.peopleinaction.net.au](http://www.peopleinaction.net.au)

**CAP WILL APPLY TO SPARRING ONLY**

Dear Instructor,

On behalf of ATVI ( Australian Taekwondo Victoria Inc. ), it is my pleasure to invite you and your club to participate in the 2018 ATVI's State Selection Taekwondo Championships at the State Netball and Hockey Centre, Parkville on Saturday, September 8<sup>th</sup> and 9<sup>th</sup>, 2018. This event is aimed at athletes from all taekwondo disciplines. The competition has three primary goals:

1. To provide competition practice for all Victorian athletes
2. To promote friendship and co-operation within the Victorian Taekwondo community
3. To provide a fun, family orientated event catering to athletes of all levels

We encourage good sportsmanship and promote a bullying free environment.

Coaches, parents, athletes and spectators must comply with the code of conduct (see attached) or face expulsion and / or disqualification of all athletes from the associated club.

For the Poomsae section of the competition, no coaches will be allowed on the court except at the discretion of the head marshal.

Only members registered with AT (Australian Taekwondo) are eligible to enter.

The proof of AT membership and Coaches Pass will need to be shown on the day of weigh-in.

Entry is only available online at <http://www.peopleinaction.net.au>

**Competition entries open on-line on Sunday 27<sup>th</sup> July and close at midnight on Sunday 26<sup>th</sup> August.**

**As the online system is automated, no entries can be processed after this date.**

Our continued thanks go to all of the clubs who enter their enthusiastic athletes. We also greatly appreciate the ongoing support of the judges who officiate at these competitions and our wonderful volunteers who give up their time to ensure the smooth running of these events. Without the contributions of any of these groups, our competitions would not be a success.

#### Eligibility for the Nationals

1. Must be a registered member with AT (Australian Taekwondo)
2. 1<sup>st</sup> to 4<sup>th</sup> place getters in each division (colour belts only)
3. Must have entered Victorian State Selection
4. There will be no refunds from Vic State Selection – Refunds will make competitors ineligible for Nationals.
5. Special consideration from non-attendees must be received by ATV for consideration prior to September 8, 2018. Participation at Nationals is not guaranteed. Send Special consideration application to Mr David Burns.
6. All athletes must be registered to be eligible for the Nationals. This includes all Black Belt divisions.
7. If uncontested and planning to attend Nationals must be present in uniform to collect medal on the day.

For all enquiries please contact the Tournament Director on [tsus1@hotmail.com](mailto:tsus1@hotmail.com)

**NO TELEPHONE CALLS OR EMAIL MESSAGES FROM PARENTS AND / OR STUDENTS  
WILL BE ANSWERED. ONLY COACHES / INSTRUCTORS CAN MAKE ENQUIRIES.**

Tony Susac  
Tournament Director,  
ATVI – Australian Taekwondo Victoria Inc.

# 2018 Victorian State Selection

## General Information

All ages are as at 31st December 2018:

CHILD	YOUTH	CADET	JUNIOR	SENIOR	MASTER	
8-9	10-11	12-14	15-17	18-30	31+	

**Eligible Competitors:** To be eligible to contest the 2018 ATVI Vic State Selection Championships, athletes must have at all times acted in a proper manner and not have engaged in any conduct that would bring the Association, our sport or any of our staff into disrepute or censure.  
**They also need to be members of AT (Australian Taekwondo) and ATVI.**

**Registration:** All competitors MUST bring their completed competition entry form (signed by parent/guardian if under 18 years of age on the day of competition). Please print this when you complete the on line entry.

**Competition Schedule:** **Final schedule will be available prior to the event**

**Indemnity:** All participants take part at their own risk. The organiser can under no circumstances be held responsible for any damage, injury, or loss to individuals or equipment.

**Uniform Requirements:**

- White V neck or Y neck dobok for coloured belts (including Cho Dan Bo).
- Black V neck or Y neck dobok for Black Belts.
- No stripes or prominent brand logos (applies to Poomsae only)
- No jewelry is to be worn. Allowance is made for wedding bands which cannot be removed.
- Your own Dae-do eSocks are compulsory

**Spectator Prices:** Adults / Children: \$15, Family (2 adults + 3 children): \$25, Under 6: Free

**Food:** Cafeteria at venue

**Competition Entry Fees:** \$99 for 1<sup>st</sup> event \* \$50.00 per additional event.

**Awards:** All divisions will recognise the top 4 players / teams with Gold, Silver and two Bronze medals / trophies.

**ENTRIES ARE CAPPED - PLEASE REGISTER EARLY TO AVOID DISAPPOINTMENT**

**Multiple entries will be allowed**

**Competitors may enter Poomsae and Sparring**

Sparring competitors may only enter in ONE age group and ONE division ONLY.

Sparring competitors will not be allowed to compete in SENIOR and JUNIOR divisions at the same time – THEY MUST CHOSE ONE OR THE OTHER.

# 2018 Victorian State Selection

## Sparring:

**Gender:** Male; Female

**Age Divisions:** 8-9, 10-11, 12 – 14, 15 – 17, 15+, 31+.  
Juniors may enter in both the Junior (15 – 17) and Senior (15+) divisions.

**Weight Divisions:** **Players will only be permitted to compete in 1 weight division per age category.**

**Belt Divisions:** Blue, Red, Black only

## **Child (8-9), Youth (10-11)**

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O
<b>M</b>	<19	19-22	22-25	25-28	28-31	31-34	34-38	38-42	42-46	46-50	50-55	55-60	60-65	65-70	70+
<b>F</b>	<19	19-22	22-25	25-28	28-31	31-34	34-38	38-42	42-46	46-50	50-55	55-60	60-65	65-70	70+

## **Cadet (12 – 14)**

	Straw	Fin	Fly	Bantam	Feather	Light	Welter	Middle	Cruiser	Heavy
<b>M</b>	<33	33-37	37-41	41-45	45-49	49-53	53-57	57-61	61-65	65+
<b>F</b>	<29	29-33	33-37	37-41	41-44	44-47	47-51	51-55	55-59	59+

## **Junior (15 – 17)**

	Fin	Fly	Bantam	Feather	Light	Welter	L Middle	Middle	L Heavy	Heavy
<b>M</b>	<45	45-48	48-51	51-55	55-59	59-63	63-68	68-73	73-78	78+
<b>F</b>	<42	42-44	44-46	46-49	49-52	52-55	55-59	59-63	63-68	68+

## **Senior (Open 18+ years) and Masters (31+Years)**

<b>M</b>	<54	54-58	58-63	63-68	68-74	74-80	80-87	87+
<b>F</b>	<46	46-49	49-53	53-57	57-62	62-67	67-73	73+

**Round Times:** Coloured belt matches will consist of 2 rounds whilst Black belt matches will consist of 3 rounds. All divisions will have 1 minute rounds subject to change.

**Head Kicks:** Head kicks are only permitted for Cadets Red and Black Belts, Junior All Belts, Senior all belts.  
**NO head kicks will apply to 8-9, 10-11, Cadets Blue Belts and Masters 31 plus.**

**Format:** Single Elimination preferred only.  
Uncontested athletes will be offered a demonstration fight against a suitable opponent.

**Safety Equipment:** All competitors must supply their own WTF approved standard trunk protectors. All divisions are required to wear groin (males only), shin, arm and head and mouth guards. Head guards must be white or the same colour as the hogu. Mouth guards must be white or clear.

**Electronic Scoring:** [The Dae-do Electronic Points Scoring System will be used for ALL divisions.](#)  
[In these divisions e-Socks are compulsory and all Competitors must have their own.](#)

# **2018 Victorian State Selection**

**Weigh In:**

TBA – Please check FaceBook

**Please take note of the following weigh-in information:**

- Parents or coaches will not be allowed to enter weigh-in area.
- All athletes must wear shorts and “T” Shirt to weigh-in.
- Weigh-in tolerance will be 200 Grams for all Colour Belts grades (This does not apply to Black Belts)
- ALL athletes must show a proof of AT membership registration.
- Player cards will be collected on the Weigh-in day in the waiting area.
- Athletes will be disqualified if not within their weight range.
- There will be test scales near registration area for those wishing to verify their weight prior to weigh-in.

**About Refunds:**

**Important: Players who withdraw from the competition and receive refund will not be eligible to participate at the Nationals.**

**Refunds will only be issued to the following if NOT competing in the Nationals:**

1. Contestants who were uncontested and were not able to be matched to compete.
2. Contestants who have supplied medical certificate confirming the injury.
3. Contestants who opted for refund rather than medal in case of uncontested.

**Refunds will not be issued to the following if competing in the Nationals:**

1. Contestants who competed in any division (contested or uncontested).
2. Contestants who were uncontested but opted to receive medal.
3. Contestants who haven't supplied medical certificate.
4. Contestants (contested or uncontested) who were matched to compete but didn't appear.
5. Contestants whose opponent withdrew (in this case a medal will be awarded).

# **2018 Victorian State Selection**

## **Sparring Competitors and Coaches**

### **VERY IMPORTANT - PLEASE NOTE:**

- a) Competitors must bring with them registration form signed by their Head Instructor to weigh in or be disqualified.
- b) Coaches, athletes and parents must adhere to the Coaches Code Of Conduct.
- c) All coaches will need to sign the code of conduct (see attached) on the day of weigh-in or they will not receive their coach's pass.
- d) Coaches Pass collection:
  - a. Coaches must show proof of updated coaching accreditation.
  - b. Coaches must show their Working with Children Card.
- e) Coaches must present updated coaching accreditation for each bout.
- f) Clubs are only allowed to apply for the following number of coaching passes –
  - a. 0-5 competitors      -      2 coaching passes
  - b. 5-10 competitors    -      3 coaching passes
  - c. 10-15 competitors   -      4 coaching passes
  - d. 15-20 competitors   -      5 coaching passes
  - e. 20+ competitors     -      6 coaching passes
- g) Officials passes - distributed to clubs directly and NOT to be collected on the day.
- h) PROPOSED SCHEDULE – These times are subject to change (see previous page)
  - a. 09:00 am to 11:00 am      Seniors and Juniors
  - b. 11:00 am to 1:00 pm      Cadets
  - c. 01:00 pm to 4:00 pm      Youth and Child
- i) Coaches must register online at <http://www.peopleinaction.net.au>
- j) CLUBS MUST HAVE SUFFICIENT NUMBER OF COACHES ON THE DAY.
- k) WE WILL NOT WAIT FOR COACHES ON THE DAY.
- l) PLAYERS WILL BE DISQUALIFIED AFTER THE 3rd CALL.
- m) ALL Clubs must supply number of referees as per the following:
  - i. At least 1 Referee for every 20 players
  - ii. At least 2 Referees for every 40 players
  - iii. At least 3 Referees for every 40 or more players.
  - iv. No referees required if less than 6 players – instead supply one official.

# 2018 Victorian State Selection

## Individual Poomsae:

**Gender:** Female, Male

**Belt Ranks:** Blue, Red, Black

**Age Division:** 8 - 9, 10 - 11, 12 - 14, 15 - 17, 18 - 30, 31 - 40, 41 - 50, 51 - 60, 60+

### **Patterns:**

Belt Level	1 <sup>st</sup> Pattern	2 <sup>nd</sup> Pattern	Format
Blue	Taeguk 3	Taeguk 4	iPad scoring 4.0 Accuracy 6.0 Presentation
Red (inc Cho Dan Bo)	Taeguk 6	Taeguk 7	
1 <sup>st</sup> Dan	Taeguk 8	Koryo	
2 <sup>nd</sup> Dan	Koryo	Keumgang	
3 <sup>rd</sup> Dan	Keumgang	Taebaek	
4 <sup>th</sup> Dan	Taebaek	Pyongwon	
5 <sup>th</sup> Dan	Pyongwon	Sipjin	
6 <sup>th</sup> Dan	Sipjin	Jitae	
7 <sup>th</sup> Dan	Jitae	Chonkwon	
8 <sup>th</sup> / 9 <sup>th</sup> Dan	Chonkwon	Hansu	

## Pairs Poomsae:

**Gender:** Any gender combination is permitted

**Belt Ranks:** Blue, Red, Black. Pairs compete in the division of the HIGHEST belt level.

**Age Division:** 8 - 11, 12 - 14, 15 - 17, 18 - 30, 31 - 40, 41+  
Both members of the pair **MUST** be in the same age division

### **Patterns:**

Belt Level	Choose 1 Pattern from
Blue	Taeguk 3, 4 or 5
Red	Taeguk 6, 7 or 8
Black	Taeguk 8 or WT Black Belt pattern

Each pair performs 1 pattern which will be scored on iPads using the numerical scoring method (4 points for Accuracy and 6 points for Presentation).

Players may only be part of 1 Pair combination

# 2018 Victorian State Selection

## Teams Poomsae:

- Gender:** Any gender combination is permitted
- Belt Ranks:** Blue, Red, Black. Pairs compete in the division of the HIGHEST belt level.
- Age Division:** 8 - 11, 12 - 14, 15 - 17, 18 - 30, 31 - 40, 41+  
All members of the pair **MUST** be in the same age division

### Patterns:

Belt Level	Choose 1 Pattern from
Blue	Taeguek 3, 4 or 5
Red	Taeguek 6, 7 or 8
Black	Taeguek 8 or WT Black Belt pattern

Each team performs 1 pattern which will be scored on iPads using the numerical scoring method (4 points for Accuracy and 6 points for Presentation).

Players may only be part of 1 Team combination

## Family Poomsae:

- Gender:** Any gender combination is permitted
- Team size:** 2 or more members – Siblings, Parent(s) & Children or Spouses
- Age Division:** Any age combination is accepted

### Patterns:

Belt Level	Choose 1 Pattern from
Blue	Taeguek 3, 4 or 5
Red	Taeguek 6, 7 or 8
Black	Taeguek 8 or WT Black Belt pattern

Family teams will compete in belt level according to the highest ranked member.

Note: Competitors will be entered in their respective belt divisions and grouped after entries close. Please ensure that all team members use the same team name. Players may only be part of 1 family combination

## Freestyle

Individual	Under 12	12-14	15-17	18-30	31+
Pairs and Teams	Under 12	12-14	15-17	18-30	31+



# 2018 Victorian State Selection

**Pattern Time:** 60 to 70 seconds (no vocal component)

**Pairs:** Mixed (any gender combination is permitted)

**Teams:** Mixed (any gender combination is permitted) (min of 3 members, maximum of 8)

**COMPETITION RULES:** Championship Freestyle will follow the modified format for WT Freestyle with the following adjustments to allow more participation and development.

**Under Championship rules there are certain compulsory elements**

- a. The three compulsory stances that must be included are
  - i. Back stance (Dwitkubi)
  - ii. Crane stance (Hakdari seogi)
  - iii. Tiger stance (Beom seogi)
- b. The routine that must have the following elements, but skills modified to allow development.
- c. b. First element is flying side kick and will remain same
- d. Second element is aerial multiple jump front kicks
- e. Athletes must do minimum of three kicks to score. We will allow single jump front kick as our base score. Athlete will get scored higher for more kicks in action.
- f. Third element is spinning action measured on angle of spin and in air
- g. We will also allow the base level 180 degree turning kick on ground and athletes will be judged higher if they can perform more difficult turns such as 360, 540 and 720 kicks in air

Bring music on LABELLED USB to registration on day of competition.

## WT Poomsae:

For each discipline (Individual, Pairs and Teams), players may only enter either WT format **OR** non-WT format, but **NOT** both.

### Individual Poomsae – WT format

<b>Gender:</b>	Female	Male
<b>Belt:</b>	Black	
<b>Age Divisions:</b>	WT age divisions	
<b>Format:</b>	WT cut off system	
<b>Patterns:</b>	Required patterns will be selected from the list of WT patterns applicable to each age division. These will be advised 1 week prior to the competition.	

### Pairs Poomsae – WT format

<b>Gender:</b>	Mixed	(1 Female and 1 Male per pair)
<b>Belt:</b>	Black	
<b>Age Divisions:</b>	WT age divisions	
<b>Format:</b>	WT cut off system	
<b>Patterns:</b>	Required patterns will be selected from the list of WTF patterns applicable to each age division. These will be advised 1 week prior to the competition.	

# **2018 Victorian State Selection**

## **Teams Poomsae – WT format**

**Gender:** Female Male (3 per team, same gender)  
**Belt:** Black  
**Age Divisions:** WT age divisions  
**Format:** WT cut off system

## **Freestyle with Music – WT Format**

**Gender:** Female Male  
**Belt:** Black  
**Age Divisions:** 12-17 yrs, 18+ yrs  
**Format:** Poomsae MUST be 60-70 seconds long and a copy of Poomsae Performance plan submitted at registration

### **Freestyle Poomsae Instructions**

1. Fill in Freestyle Performance plan in Summary, but ensuring the mandatory items 1 – 5 are written in detail. This should include clear description of kicks, acrobatic action, sequence of kicks etc. Submit Freestyle Performance plan at Registration. 2018 Freestyle Performance Plan Template is attached on the last page.
2. Bring a LABELLED copy of music on USB to Registration. (note: Music must have beep to indicate start for athlete. Music must not include vocal performance. Ensure that only one track is on the USB)
3. USB brought in plastic bag with name and Division clearly labelled on bag and USB labelled with your name and present at Registration.

Note: Failure to submit music or Freestyle Performance Plan at accreditation will result in automatic disqualification.

## **PARA Poomsae**

### **Para Individual Traditional Poomsae**

**Gender:** Male and Female  
**Age Divisions:** 8-9 10-11 12-14 15-17 18-30 31-40 41-50 51-60 61+  
**Belt Level:** Blue Red 1<sup>st</sup> Poom/Dan – 8<sup>th</sup> Poom/Dan  
**Pattern:** Choice of Pattern (1)  
**Scoring:** All Divisions will be scored using iPad scoring (one player at a time)

# **2018 Victorian State Selection**

To complete entry process please proceed to

[www.peopleinaction.net.au](http://www.peopleinaction.net.au)

## **Checklist**

- Enter online at [www.peopleinaction.net.au](http://www.peopleinaction.net.au)
- Print your declaration form
- Sign declaration form, or
- Have declaration form signed by Parent / Guardian if under 18
- Have declaration form signed by Head Instructor

**PLEASE READ CAREFULLY AND UNDERSTAND  
What You Need To Know Regarding the Code of Conduct**

**ANY breach to the below Code of Conduct will incur the following:**

1. NO FUTURE INVITES OR PARTICIPATION
2. IMMEDIATE DISMISSAL FROM COMPETITION AREA
3. FORFEITURE OF COACHING PASS FOR THE DAY
4. DISQUALIFICATION OF BOUT
5. ANY OTHER APPROPRIATE PENALTY THAT FITS THE BREACH

**Please Note: the above sanctions will apply to Coaches, Athletes, Clubs and Parents.**

# Code of Conduct

1.	Respect the rights, dignity and worth of every human being	<ul style="list-style-type: none"> <li>• Within the context of the activity, treat everyone equally regardless of sex, disability, ethnic origin or religion</li> </ul>
2.	Ensure the athlete's time spent with you is a positive experience	<ul style="list-style-type: none"> <li>• All athletes are deserving of equal attention and opportunities</li> </ul>
3.	Treat each athlete as an individual	<ul style="list-style-type: none"> <li>• Respect the talent, developmental stage and goals of each individual athlete</li> <li>• Help each athlete reach their full potential</li> </ul>
4.	Be fair, considerate and honest with athletes	<ul style="list-style-type: none"> <li>• Display high standards in your language, manner, punctuality, preparation and presentation</li> <li>• Display control, respect, dignity and professionalism to all involved with the sport - this includes opponents, coaches, officials, administrators, the media, parents and spectators</li> <li>• Encourage your athletes to demonstrate the same qualities</li> </ul>
5.	Be professional and accept responsibility for your actions	
6.	Make a commitment to providing a quality service to your athletes	<ul style="list-style-type: none"> <li>• Maintain or improve your current NCAS accreditation</li> <li>• Seek continual improvement through performance appraisal and ongoing coach education</li> <li>• Provide a training program which is planned and sequential</li> <li>• Maintain appropriate records</li> </ul>
7.	Operate within the rules and spirit of your sport	<ul style="list-style-type: none"> <li>• The guidelines of national and international bodies governing your sport should be followed. Please contact Australian Taekwondo for a copy of its rule book, constitution, by-laws, relevant policies, e.g. anti-doping policy, selection procedures, etc.</li> <li>• Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA)</li> </ul>
8.	Any physical contact with athletes should be:	<ul style="list-style-type: none"> <li>• Appropriate to the situation</li> <li>• Necessary for the athlete's skill development</li> </ul>
9.	Refrain from any form of personal abuse towards your athletes	<ul style="list-style-type: none"> <li>• This includes verbal, physical and emotional abuse</li> <li>• Be alert to any forms of abuse directed toward your athletes from other sources while they are in your care</li> </ul>
10.	Refrain from any form of harassment towards your athletes	<ul style="list-style-type: none"> <li>• This includes sexual and racial harassment, racial vilification and harassment on the grounds of disability</li> <li>• You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal</li> </ul>
11.	Provide a safe environment for training and competition	<ul style="list-style-type: none"> <li>• Ensure equipment and facilities meet safety standards</li> <li>• Ensure equipment, rules, training and the environment are appropriate for the age and ability of the athletes</li> </ul>
12.	Show concern and caution toward sick and injured athletes	<ul style="list-style-type: none"> <li>• Provide a modified training program where appropriate</li> <li>• Allow further participation in training and competition only when appropriate</li> <li>• Encourage athletes to seek medical advice when required</li> <li>• Maintain the same interest and support toward sick and injured athletes</li> </ul>
13.	Be a positive role model for your sport and athletes	

Please refer to the Harassment-free Sport guidelines available from the Australian Sports Commission for more information on harassment issues

## ***I agree to the following terms:***

1. I agree to abide by the ATVI Code of Conduct outlined above;
2. I acknowledge that ATVI may take disciplinary action against me if I breach the code of conduct. (I understand that ATVI are required to implement a complaints handling procedure in accordance with the principles of natural justice, in the event of an allegation against me);
3. I acknowledge that disciplinary action against me may include the disqualification of my player/s.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
(if under 18, parent/guardian signature)