



2021 ATV Poomsae Selection Championships

Sunday 8th August, 2021

9:00 am – 3:00 pm

Cragieburn Sports Stadium

127 Cragieburn Road, Cragieburn, VIC 3064

Individual / Pairs / Team Poomsae
WT Poomsae / Family Poomsae / Power Breaking

Entries Open: Wednesday 7th July 2021

Entries Close: Wednesday 28th July 2021

****NO LATE ENTRIES ARE ACCEPTED****

Online entry: <https://rapidsignup.net>

Dear Victorian Taekwondo competitors, coaches and families,

On behalf of ATV Poomsae, it is my great pleasure to invite you to participate in the 2021 ATV Poomsae Selection Championships at Cragieburn Sports Stadium, 127 Cragieburn Road, Cragieburn, on Sunday 8th August, 2021. This competition is open to all AT registered athletes.

The goals for this tournament are;

- to provide competition experience for Victorian athletes
- to promote friendship and cooperation within the Victorian taekwondo community
- to increase participation of all taekwondo athletes at state level competition
- to qualify athletes for the 2021 National Championships

At this Poomsae tournament, the following events will be included; Individual, Pairs, Teams, WT divisions, Family Poomsae and Power Breaking. Medallists in Blue and Red belt (8 years old and above) divisions will qualify for the corresponding divisions at the 2021 AT National Championships and Festival. All Black belt participants will automatically qualify for any division at the 2021 AT National Championships.

Due to the COVID-19 situation, we may have to limit spectator numbers. More details will be announced on the ATV social media in the coming weeks.

We greatly appreciate the participation of clubs who enter their athletes, as well as the officials and volunteers. Without your ongoing support, our competitions would not be a success.

I am looking forward to seeing you all at this event.

Your Sincerely,

Yukyung Song
Poomsae Director



2021 ATV Poomsae Selection Championships

Eligibility:

All athletes must be insured with AUSTKD. A valid 2021 AUSTKD membership must be provided on the day (on your mobile screen or printed copy).

Registration:

Enter online at <https://rapidsignup.net>.

Each athlete will need to create an individual profile. They can then add events to their “shopping basket” one at a time before paying for all entered events at the check-out stage. The same contact email address can be used for multiple profiles, such as a parent or instructor registering from multiple children.

If your club name does not appear on the registration page, contact ATV to add it to the list.

Indemnity:

All participants take part at their own risk. The organiser can under no circumstances be held responsible for any damage, injury, or loss to individuals or equipment.

Entry Fees:

\$75 for 1st event, \$25 per additional event.

For each discipline (Individual, Pairs or Teams), athletes may enter either the WT or non-WT event, not both. Refunds will only be processed for medical reasons, accompanied by a medical certificate. Any refund applications must be received by the Tournament Director prior to 11:59pm, Friday 6th August.

Uniform:

White V neck or Y neck dobok for coloured belts including Cho Dan.

Black V neck or Y neck dobok for Black Belts.

WT divisions wear WT competition Dobok or Black V neck Dobok.

No stripes or prominent brand logos.

No jewellery is to be worn. Allowance is made for wedding bands which cannot be removed.

Awards:

All divisions 1st Gold, 2nd Silver, 3rd & 4th Bronze. All athletes will receive a participation certificate.

Spectator:

\$10. Tickets will be available at <https://rapidsignup.net>

There may be a limitation for the number of spectators. More details will be announced on the ATV social media page.

Canteen:

Available at the venue

Coaches:

Maximum 4 coaches per club. All coaches must be a member of AUSTKD & minimum 1st dan (kukkiwon).

To register, email the coach list of your club with their Kukkiwon certificate to Yukyung Song (contact details listed below) by 25th July. All coaches will need to present a valid AUSTKD membership on the competition day (screenshot or printed copy).

Protest:

Only official protests are being reviewed by the Competition Supervisory Board. The protest must be made in writing within 10 minutes of the conclusion of the division. The fee is \$150 AUD and is non-refundable. Protests must be submitted to a member of CSB in the marshalling area.

Volunteer:

If you are available to assist in officiating or volunteering (marshalling & computer operation) for this competition, please get in touch with Yukyung Song (contact details listed below). All volunteers will receive an appreciation certificate.

Referees:

If you are available to referee, please contact Eric Phan (contact details listed below). All referees will receive an appreciation certificate.

Contact:

Tournament Director	Ms. Yukyung Song	songstaekwondo@gmail.com *All enquiries must come through coaches / instructors.
Referee Director	Mr. Eric Phan	vic.poomsae.referee@gmail.com
Competition Supervisory Board	Mr. Greg Butterworth Mr. Muhktar Kadiri Mr. Diego Chiriff Ms. Yukyung Song	
Social Media Manager	Mr. Jensen Lai	https://www.facebook.com/austkdvic/

2021 ATV Poomsae Selection Championships

Individual Poomsae:

Gender: Female, Male
Belt Ranks: Yellow, Blue, Red, Black
Age Divisions: 6-7, 8-9, 10-11, 12-14, 15-17, 18-30, 31-40, 41-50, 51-60, 60+
Patterns:

Belt Level	1 st Pattern	2 nd Pattern	Format
Yellow	Taeguek 1	Taeguek 2	Cut-off, Scoring out of 10
Blue	Taeguek 3	Taeguek 4	
Red / Cho Dan	Taeguek 6	Taeguek 7	
Black A	Taeguek 8	Koryo	
Black B	Koryo	Keumgang	
Black C	Keumgang	Taebaek	
Black D	Pyongwon	Sipjin	
Black E	Jitae	Chonkwon	

Note: Competitors who enter the WT Individual event MUST NOT enter this event.
Black Belts may select from Black A, B, C, D or E depending on the pattern combination they wish to perform.

Pairs Poomsae:

Gender: Any gender combination is permitted
Belt Ranks: Yellow, Blue, Red, Black. Pairs with different belt levels compete in the division of the highest belt level.
Age Divisions: 6-11, 12-14, 15-17, 18-30, 31-45, 46+
 Both members of the pair **MUST** be in the same age division.

Patterns:

Belt Level	Choose 1 Pattern from	Format
Yellow	Taeguek 1, 2 or 3	Cut-off, Scoring out of 10
Blue	Taeguek 3, 4 or 5	
Red	Taeguek 6, 7 or 8	
Black	Taeguek 8 or WT Black Belt pattern	

Note: Competitors who enter the WT Pairs event MUST NOT enter this event.
Competitors may only be part of 1 Pair combination.

2021 ATV Poomsae Selection Championships

Teams Poomsae:

- Gender:** Any gender combination is permitted
- Belt Ranks:** Yellow, Blue, Red, Black. Teams with different belts compete in the division of the highest belt level.
- Age Divisions:** 6-11, 12-14, 15-17, 18-30, 31-45, 46+
All members of the team **MUST** be in the same age division.

Patterns:

Belt Level	Choose 1 Pattern from	Format
Yellow	Taeguek 1, 2 or 3	Cut-off, Scoring out of 10
Blue	Taeguek 3, 4 or 5	
Red	Taeguek 6, 7 or 8	
Black	Taeguek 8 or WT Black Belt pattern	

Note: Competitors who enter the WT Teams event MUST NOT enter this event. Competitors may only be part of 1 Team combination.

Family Poomsae:

- Eligibility:** Teams may consist of siblings, spouses or parent(s) / child(ren)
- Gender:** Any gender combination is permitted
- Belt Ranks:** Yellow, Blue, Red, Black. Teams with different belts compete in the division of the highest belt level.
- Age Divisions:** Any age combination is permitted

Patterns:

Belt Level	Choose 1 Pattern from	Format
Yellow	Taeguek 1, 2 or 3	Cut-off, Scoring out of 10
Blue	Taeguek 3, 4 or 5	
Red	Taeguek 6, 7 or 8	
Black	Taeguek 8 or WT Black Belt pattern	

Note: Competitors may only be part of 1 Family combination.

2021 ATV Poomsae Selection Championships

WT Poomsae:

Gender:	Individual – Female, Male Pairs – Mixed (1 Female, 1 Male) Teams – Female (3), Male (3)
Belt Ranks:	Black
Age Divisions:	Individual – 12-14, 15-17, 18-30, 31-40, 41-50, 51-60, 61-65, 66+ Pairs and Teams – 12-14, 15-17, 18-30, 31+
Patterns:	WT cut off system Required patterns will be selected from the list of WT patterns applicable to each age division. These will be published on ATV's social media (facebook) 1 week prior to the competition.

Note: For each discipline (Individual, Pairs or Teams), athletes who enter the WT event MUST NOT enter the non-WT event.

Power Breaking:

Gender:	Female, Male
Belt Ranks:	Blue, Red, Black
Age Divisions:	12-17, 18+
Divisions:	-Straight punch -Knife Hand (Hammer fist for 12-17 years olds)
Breaking Boards:	\$5 per board Boards will be supplied by ATV 12mm x 300mm x 225mm for 12-17 year olds 15mm x 300mm x 225mm for 18+ (females) 20mm x 300mm x 225mm for 18+ (males)
Notes:	Competitors will nominate the number of boards to be attempted. 1cm spacers will be provided to place between boards. Only 1 attempt is permitted. At least one foot must remain on the ground at all times. Winner will be decided by the largest number of boards broken irrespective of the number of boards attempted. In the event of a tie, the lighter player wins.

Code of Conduct

1.	Respect the rights, dignity and worth of every human being	<ul style="list-style-type: none"> • Within the context of the activity, treat everyone equally regardless of sex, disability, ethnic origin or religion
2.	Ensure the athlete's time spent with you is a positive experience	<ul style="list-style-type: none"> • All athletes are deserving of equal attention and opportunities
3.	Treat each athlete as an individual	<ul style="list-style-type: none"> • Respect the talent, developmental stage and goals of each individual athlete • Help each athlete reach their full potential
4.	Be fair, considerate and honest with athletes	<ul style="list-style-type: none"> • Display high standards in your language, manner, punctuality, preparation and presentation • Display control, respect, dignity and professionalism to all involved with the sport - this includes opponents, coaches, officials, administrators, the media, parents and spectators • Encourage your athletes to demonstrate the same qualities
5.	Be professional and accept responsibility for your actions	
6.	Make a commitment to providing a quality service to your athletes	<ul style="list-style-type: none"> • Maintain or improve your current NCAS accreditation • Seek continual improvement through performance appraisal and ongoing coach education • Provide a training program which is planned and sequential • Maintain appropriate records
7.	Operate within the rules and spirit of your sport	<ul style="list-style-type: none"> • The guidelines of national and international bodies governing your sport should be followed. Please contact Australian Taekwondo for a copy of its rule book, constitution, by-laws, relevant policies, e.g. anti-doping policy, selection procedures, etc. • Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA)
8.	Any physical contact with athletes should be:	<ul style="list-style-type: none"> • Appropriate to the situation • Necessary for the athlete's skill development
9.	Refrain from any form of personal abuse towards your athletes	<ul style="list-style-type: none"> • This includes verbal, physical and emotional abuse • Be alert to any forms of abuse directed toward your athletes from other sources while they are in your care
10.	Refrain from any form of harassment towards your athletes	<ul style="list-style-type: none"> • This includes sexual and racial harassment, racial vilification and harassment on the grounds of disability • You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal
11.	Provide a safe environment for training and competition	<ul style="list-style-type: none"> • Ensure equipment and facilities meet safety standards • Ensure equipment, rules, training and the environment are appropriate for the age and ability of the athletes
12.	Show concern and caution toward sick and injured athletes	<ul style="list-style-type: none"> • Provide a modified training program where appropriate • Allow further participation in training and competition only when appropriate • Encourage athletes to seek medical advice when required • Maintain the same interest and support toward sick and injured athletes
13.	Be a positive role model for your sport and athletes	

Please refer to the Harassment-free Sport guidelines available from the Australian Sports Commission for more information on harassment issues

I agree to the following terms:

1. I agree to abide by the ATVI Code of Conduct outlined above;
2. I acknowledge that ATVI may take disciplinary action against me if I breach the code of conduct. (I understand that ATVI are required to implement a complaints handling procedure in accordance with the principles of natural justice, in the event of an allegation against me);
3. I acknowledge that disciplinary action against me may include the disqualification of my player/s.