



Melbourne Taekwondo Centre Fight Squad Athlete Program

Code of Conduct

Melbourne Taekwondo Centre Fight Squad

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INTRODUCTION

The Melbourne Taekwondo Centre Fight Squad Athlete program (MTCFSAP) provides pathways for students to enjoy Taekwondo, in a sport-orientated environment. This code is provided to assist coaches, parents, students and athletes in understanding what is expected of them in their respective capacities. Our principles form the basis for the ethical standards, which are spelled out in this Code. They are: *integrity, respect, responsibility, excellence, teamwork, improvement & innovation and goal orientated behaviour.*

Integrity: Fight Squad members (FSM) will behave honestly and ethically in all aspects at all times

Respect: FSM will show respect for one another by treating everyone with dignity and fairness.

Responsibility: FSM are accountable for their actions and must honour their participation commitments.

Excellence: FSM will excel at everything they do and will strive for the highest standards of quality to achieve the vision of a united team.

Teamwork: FSM will work together as a team in the spirit of respect for others and the respect for the worth of their contribution.

Improvement & Innovation: FSM will constantly seek to find new and better ways of honouring their commitment to teamwork and to their individual training

Goal Orientated Behaviour: Fight Squad members will set challenging targets that they will strive to meet at all times.

NO BULLYING POLICY

This is a bullying and violence-free environment. Bullying is unreasonable behaviour that is repeated over time, directed towards another member or group, which creates a risk to health and safety. It includes behaviour such as screaming at someone, initiation practices, interfering with the training of others and putting down someone's opinions.

Bullying is not an acceptable part of MTCFSAP culture. Single incidents of unreasonable behaviour can also create a risk to health and safety and is also not acceptable as part of MTCFSAP culture.

If you are being bullied, or see others being bullied, you must report it as soon as possible. Report any incident of bullying to your coaches in charge immediately.

FSM who report bullying will not be victimised and reports will be investigated quickly and fairly. Violence and bullying between FSM is not tolerated under any circumstances. Coaches are responsible for ensuring that no person in their class group is bullied, threatened or physically hurt by other FSM.

Examples of bullying that will not be tolerated (this list is not exhaustive and should be used as a guide):

1. Any FSM seen to be fighting a member of lesser skill level using the training time to bully and harass the less skilled member by being overly aggressive during training
2. Any FSM who throws equipment in frustration
3. Any FSM who responds back to a coach impolitely or screams during training
4. Any FSM who attempts to ridicule or belittle another FSM in any way
5. Any FSM using inappropriate conversation or discussion in change rooms with younger FSMs. This will result in immediate expulsion.
6. Any FSM lashing out in frustration physically or verbally before, during or after any activity.
7. Any senior FSM using unnecessary aggressive skills while training with a junior member. This will result in immediate expulsion from the program.
8. Any senior FSM acting violently or inappropriately, in particular whilst junior FSMs are present. This will result in immediate expulsion.

GENERAL CODE OF CONDUCT

As a Member or Officer of the MTCFSAP or an affiliated club or as an Official/Volunteer and in any activity associated either directly or indirectly with your involvement in the sport of Taekwondo (including but not restricted to, the activities of training, competing, coaching, travel to and from training, competitions or coaching, or any person required to comply with Taekwondo Australia Incorporated (TA) Member Protection Policy, you must meet the following requirements in regard to your conduct: during and including any activities held within the MTCFSAP, or affiliated club, any activity held or sanctioned by MTCFSAP, or an affiliated club and in any role you hold within MTCFSAP or an affiliated club:

1. Respect the rights, dignity and worth of others.
2. Be fair, considerate and honest in all dealing with others.
3. Be professional in, and accept responsibility for your actions.
4. Make a commitment to providing quality service.
5. Be aware of, and maintain an uncompromising adherence to, MTCFSAP standards, rules, regulations and policies be they explicit or implied.
6. Operate within the rules of the sport including national and international guidelines, which govern MTCFSAP, the member associations and the affiliated clubs.
7. Do not use your involvement with MTCFSAP or an affiliated club to promote your own beliefs, behaviours or practices where these are inconsistent with those of MTCFSAP or an affiliated club.
8. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age.
9. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible.
10. Refrain from any form of harassment of others.
11. Refrain from any behaviour that may bring MTCFSAP or an affiliated club into disrepute.

12. Provide a safe environment for the conduct of the activity.
13. Show concern and caution towards others who may be sick or injured.
14. Be a positive role model, and
- 15. Understand the repercussions if you breach, or are aware of any breaches of, this Code of Conduct.**

ATHLETE'S CODE OF CONDUCT

In addition to MTCFSAP General Code of Conduct, you must meet the following requirements in regard to your conduct during any activity associated either directly or indirectly with your involvement in the sport of Taekwondo (including, but not restricted to, the activities of training, competing, travelling to and from training and competition and Squad membership) whether or not such activity is held or sanctioned by MTCFSAP, a member association or an affiliated club and including your role as a participant:

1. Respect the rights, dignity and worth of fellow athletes, coaches and officials;
2. Do not accept inappropriate behaviour from others;
3. Respect the talent, potential and development of fellow athletes and competitors;
4. Care for and respect the equipment provided to you as part of your program;
5. Be frank and honest with your coach concerning illness and injury and your ability to train fully within the program requirements;
6. At all times maintain an appropriate relationship with your coach;
7. Maintain high personal behaviour standards at all times be they explicit or implied;
8. Abide by the rules and respect the decision of the officials, referees or coaches, making all appeals through the formal process and respecting the final decision;
9. Be honest in your attitude and preparation to training;
10. Cooperate with coaches and staff in development of programs to

adequately prepare you for competition at the highest level.

Internet Communication

11. Do not engage in either viewing or communicating materials of an obscene, hateful, discriminatory or harassing nature;
12. Do not engage in any activity that compromises the privacy of any users or other FSM;
13. Do not engage in any activity that is against MTCFSAP policies or that would be contrary to the MTCFSAP best interest, or that do not apply with local or national laws;
14. Public or private displays in internet communications of any bad language, abusive communication, verbal bullying, abusive statements, negative or derogatory behaviour expressed or implied through statements made will be deemed as a serious breach with automatic expulsion from the MTCFSAP.
15. Disclose confidential or proprietary information by any means.

Personal behaviour

16. The FSM will refrain from inappropriate use of language during training, preparation for training, after training, in changing rooms, towards other FSM, at competitions, traveling to and from activities related to but not restricted to MTCFSAP activities
17. The FSM will approach coaches and other FSM with respect and good manners at all times and not restricted to training or competitions
18. FSM will not push or shove any other FSM during training in a manner unbecoming or in contrast to the integrity or vibe of this code. Any FSM seen to push, shove or physically move another FSM with the intention of creating more space for themselves will be asked to leave the training session immediately and will be put on notice.
19. FSM will make themselves available at all times when they are requested to assist in extracurricular activities of the MTCFSAP but not restricted to.
20. FSM will arrive to training on time and ready to train at the allocated start time or before class commences. Persistent lateness to training sessions will

result in expulsion from that class. Suspension or expulsion will be at the discretion of the class coach;

- 21.FSM will have all appropriate equipment on and any strapping done by or before the commencement of class.
- 22.Act respectfully and with good manners towards other FSM and coaches at all times.
- 23.Senior FSM will act in accordance with positive role modeling for younger FSM at all times.
- 24.FSM whilst in uniform (dobok), or other training attire will conduct themselves appropriately reflecting the vibe of this code when in the training environment or in other public places.
- 25.FSM not able to attend any training session will call or email giving the coach in charge adequate notice. The timeframe for notice given must be reasonable and reasons given for non-attendance must be validated.

Electronic Mail Communication

From time to time Melbourne Taekwondo Centre Fight Squad members may send personal messages to other Squad members via electronic sources. Messages for personal gain or solicitation, chain letters, and threatening, obscene or harassing messages are strictly prohibited.

BREACHES

Breaches to this code may result in suspension or expulsion from the MTCFSAP without recourse. No refunds for fees will be available. Breaches will be considered by coaches in collaboration and dealt with on a needs basis.

Signed by the athlete on (print name, insert date and sign)

Signed by the coaches
